Bite and a Blether





Every other Tuesday at 12.30 pm

Continues this
Tuesday,
10th March
for anyone
65 and over



March Hill Walk

A hill walk is planned for Sat 21st March. If you are interested in joining us on the 21st, perhaps for the first time, or want to find out more about upcoming planned walks, please speak to Morag Austin, Hazel McCallum, Simon Jeacocke or Stephen Robertson.

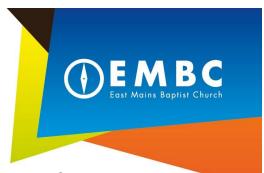
This newsletter is now available weekly on the EMBC website at eastmainsbc.com



Other News & Events

Items for inclusion in next week's 'EMBC News' need to be with Ray Higgins, Dannie Calder or emailed to news@eastmainsbc.com by Wednesday night.

latest NEWS



Sunday 8 March 2020

Contact (01355 249672)

Mark@eastmainsbc.com,

Ruari@eastmainsbc.com

David@eastmainsbc.com

Church Office office@eastmainsbc.com



Why not join us in The Village Centre Café following the Morning Service for tea, coffee and chat.



Our **Team** is here to pray with you. Just come and sit at the front of the church at the end of the service and they'll meet you there.

The Week Ahead



Today (Sunday) 8 March

• Coffee and Pastry from 10 am

• Prayer Meeting: 10.30 am

Morning Service: 11 am

Monday 9 March

Foodbank: 10.30 am

• Walk & Talk—Loch: 11am

Tuesday 10 March

• Bite & a Blether: 12.30 pm

Wednesday 11 March

• Ladies Bible Study: 10 am

• Alpha: 7 pm

Thursday 12 March

• Restore: 7 pm

• Men's Prayer Meeting: 8 pm

Saturday 14 March

• Youth Alpha: 5.30 pm

• Hub: 7 pm

Next Sunday 15 March

• Coffee and Pastry from 10 am

Prayer Meeting: 10.30 am

Morning Service: 11 am

• YF: 6.30 pm



- Grace Clark (3 Bridges Care Home)
- Nancy Livingston (Heathfield House Care Home)

- Helen Nicolson (Rosaburn Care Home)
- Norma Perry (Flemington Care Home)
- Ivy Saunderson (Auchlochan)
- Sheila Aitkenhead
- Mvra Allan Minnie Brooks

- Dannie Calder
- Joy Creighton
- Nan Diack
- Cathie Frame
- Ruby Gunn
- Gillian James
- Mervyn Jones Frances McCart
- Margaret McGregor

- Rita McGuffie
- George Pollard
- Irene Robertson
- Pauline Scotland
- Phyllis Shields
- Alana Stewart
- Anne Torrance
- Molly Webster





Come and join us every Sunday 10 am - 10:50 am for an Early Morning coffee and pastry

10 am in The Village Centre Café

Small donation for coffee and pastry to cover the costs

HOSPITALITY, SHARING, CONNECTING, INCLUDING AND ENCOURAGING

Flower Rota

The fresh flowers on display each Sunday at EMBC are funded by volunteers who give a yearly donation of £15-20. There are several vacant spots this year. If you would like to be involved in this ministry please speak to Doris Liddell as soon as possible.



RELEASE INTERNATIONAL

of Persecuted Christians



Release International

is pressing Malaysia to set free a Christian pastor, Raymond Koh, who was abducted in a military style operation three years ago and hasn't been seen since.

Please continue to pray for his release.



Marketplace will be held on Saturday 4th April from 11 until 3

There will be lots of stalls selling a selection of items, including Duncan Barker's bookstall and the craft class

stall.

As usual, we hope to have the famous 50 pence stall where we sell any unwanted items for 50pence.

We rely on the Church folks to donate to this stall and look forward to receiving your donations.

It would be lovely to see you all there on the day.